

The supply list for "Intro to Chess: Exercising Your Brain" is:

1. Chessboard with algebraic notation (ranks 1-8, files A-H) on all sides. Recommended: Regulation Vinyl Tournament Chess Board, 2.25" squares, 20" x 20". Vinyl easily rolls up, and resists tears and spills.
2. Full set of black and white chess pieces. Each color has at least 2 rooks, 2 knights, 2 bishops, queen, king, and 8 pawns. Recommended: Regulation chess pieces, 3.75" tall King, 1.5" base, single-weighted or solid plastic.
3. Chess book that covers basics, strategy, tactics, openings, middle game, and end game. Recommended: Silman, J. 1998. The Complete Book of Chess Strategy: Grandmaster Techniques from A to Z. Siles Press, 360 p.
4. Chess score book. Recommended: Traditional Chess Players Score Book, 50 games of 120 moves.
5. Chess bag to hold #1 - 4 (above). Recommended: Superior Chess Bag, 17" x 12".
6. Chess notebook for class notes. Any standard 8.5" x 11" notebook is fine.
7. Writing utensil. Recommended: pencils.

A chess clock is optional. There are "chess clock" apps available on smartphones that work fine for class study; however, if students wish to eventually play in a tournament, then I recommend they purchase a small, digital, FIDE approved, inexpensive, chess clock that easily fits inside a chess bag.