

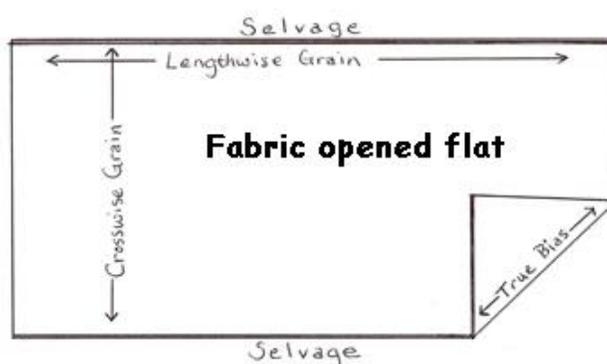
APRON PROJECT INSTRUCTIONS

Choose your fabric, notions and desired trims. If you are matching thread, keep in mind it sews into the fabric a slight shade lighter but don't be afraid to mix thread colors, fabric prints and fabric solids, go ahead--have some fun!

Prepare Your Fabric

Prepare your fabric for layout and cutting. Pre-shrinking (*in order to save time, has been done for you*). Your next step would be to check the grain line of the fabric. Restore or square the grain if necessary, by using the "tear method", which we will do shortly.

Grain Lines



Step 1 Always Check the Grain!

Fold fabric in half lengthwise making sure selvages are together. With your hands smooth the fold of the fabric. If the fold lies flat, then the fabric is on grain however, often after laundering the fabric will be off-grain and restoration or squaring is necessary.

Step 2 Restoring/Squaring the Grain Using the Tear Method

On one end of the fabric piece, starting at the selvage edge with the scissors, make a 1-1 1/2" slit into the fabric along the crosswise grain. Tear a strip all the way across to the other selvage end. Cut away the remaining selvage end.

Don't worry if your strip did not tear all the way; simply make another slit and let it rip! Repeat this step on the opposite end of the fabric.

Re-check the grain by re-folding the fabric. The fold should lie flat. Most always this method will square the grain.

Layout/Cutting/Marking

Step 1 *Layout* pattern pieces onto fabric. Note the grain line markings on each piece. *For this project all pattern pieces are placed on the lengthwise grain*). Pattern pieces may be smoothed by hand pressing once layed onto fabric. Pin pieces in place onto fabric. *For this project, cut (2) of every piece.*

Layout View A



Layout View B



Careful! ***Pin*** corners with the point facing inside (away from you) so as to not stick yourself when cutting.

Step 2 *Cut* each piece starting with the widest part of the largest pattern piece.

Step 3 *Transfer markings* from each pattern piece to the ***right*** side of the fabric! For this project, *only transfer markings for placement lines for upper and lower pockets and pocket placement lines on the apron front*. We will not use the other markings.

Don't forget to transfer markings before removing the pattern pieces!

You are now ready to sew your project!

Lets Sew An Apron!

Topstitching/Double Row Topstitching

You may desire to create an extra line of stitching called topstitching as seen in many ready-to wear garments. To do this, on the RIGHT simply stitch a second line close to the first line of stitching.

Seam allowances vary from the actual pattern pieces. For ease of project construction, please follow the specified seam allowances given in this project instruction sheet.

Pockets

Step 1 On upper edge of pockets, turn under hem 1/2", finger press, turn under again 1/2", finger press again. On the WRONG side of the pocket stitch hem close to the turned under edge. For the pocket edges, turn under 5/8" seam allowance. Finger press.

Step 2 With RIGHT sides up, pin pockets to the apron front, matching pockets to the pocket placement lines on the apron. Stitch pockets to apron approximately 1/8" from pocket edge. **View A**, also stitch lower pocket to apron along the vertical stitching lines to create the pocket sections.

Apron Edges

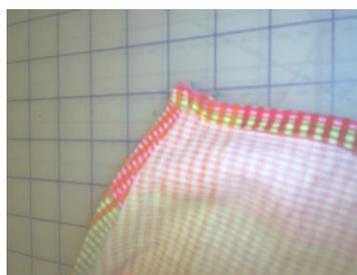
You may find it easier to pin the edges in place after turning them twice to hold them in place while sewing. DO NOT SEW OVER THE PINS!

On the CURVED edges of the apron, turn under 1/2". Finger press. Turn under 1/2" again. Finger press again. On the WRONG side of the apron, stitch a hem close to the turned under edge.

On NECK edge of apron, turn under 1/2". Finger press. Turn under 1/2" again. Finger press again. On the WRONG side of the apron, stitch a hem close to the turned under edge.



Apron Neck Edge 1st Turn Hem



Apron Neck Edge 2nd Turn Hem

On SIDE edges of apron, Finger press. Turn under 1/2" again. Finger press again. On the WRONG side of the apron, stitch a hem close to the turned under edge.

On BOTTOM edge of apron, turn under 1/2", finger press. Turn under 1/2" again. Finger press again. On WRONG side of apron, stitch hem close to the turned under edge.

Neck Strap

Step 1 With RIGHT sides together, fold the neck strap in half lengthwise, keeping cut edges even. Stitch the long edges using a 3/8" seam allowance.

Step 2 Turn the neck strap RIGHT side out, using a loop turner. Attach the loop turner to one end and pull it through the strap according to the manufactures directions. Finger press to flatten and sharpen the edges.

Tie Ends

Step 1 With RIGHT sides together, fold one tie end in half lengthwise keeping the cut edges even. Stitch the long edges and ends together using a 3/8" seam allowance. Trim corners.



Step 2 Turn tie ends RIGHT side out. To do this, separate the two layers of one end of the tie with your fingers. Using the eraser end of a long unsharpened pencil, push end out through opening. Coax the point out gently with a pin. Repeat this process for the remaining tie end.

Attaching the Neck Strap & Tie Ends

Adjusting the Neck Strap

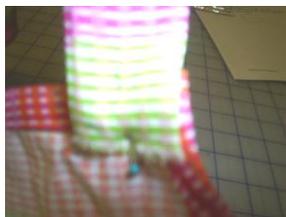
Wrap the neck strap around your neck. Hold the neckline of the apron at the desired position. Determine if the length needs to be shortened. If so, cut the neck strap to the desired length.

On the WRONG side of the apron, attach the neck strap to the apron neck keeping the outer edge of the neck strap even with the curved edge of the apron. The raw open edge of the neck strap should be placed appx. 1/4" below the hem line. Securely pin in place.

Stitch the strap in place using the existing neckline stitching as your guide. *Although you will not be able to see the beginning portion of this stitched line (because the strap is sitting on top of it) you will be able to follow the stitching line.* Stitch right on top of the existing stitch line so that once you come to the portion you can see, the stitching line that you are creating should be right on top of the existing. Stitch only the width of the neck strap. Backstitch the entire width of the neck strap, then continue stitching forward to securely attach it.

If you made a double row of stitching, you will need to stitch the neck strap again using that second row of stitching as the guideline.

Trim close to the stitch line. I tend to get a little "postal" when it comes to backstitching but the above backstitching step is sufficient to secure the neck strap edge.



Pin



Stitch



Trim

Reinforced Attached
Strap

Repeat the above with the tie ends placed at the side seams and attached in same manner as shown on the apron neck edge.



Press your finished project!

**CONGRADULATIONS! --
YOU DID IT! -- YOU'VE SEWN AN APRON**

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