Running Start Application

We’re excited you’re interested in Running Start! If you have any questions about Running Start or the application process contact:

- Christina Sheehan, Running Start Advisor: Christina.sheehan@seattlecolleges.edu
- Running Start Questions: (206) 934-7768 or northseattle.edu/running-start

TO APPLY: Complete the following steps and return the completed application to Student Success Services at North Seattle College (2nd Floor of the College Center Building):

<table>
<thead>
<tr>
<th>Step</th>
<th>Action</th>
<th>Complete?</th>
</tr>
</thead>
<tbody>
<tr>
<td>#1</td>
<td>Apply to North Seattle College (it’s free!): <a href="http://northseattle.edu">http://northseattle.edu</a></td>
<td>✓</td>
</tr>
<tr>
<td>#2</td>
<td>Attach a copy of placement into college-level English OR math to this application (more info on page 2)</td>
<td>✓</td>
</tr>
<tr>
<td>#3</td>
<td>Meet with your high school counselor:</td>
<td></td>
</tr>
<tr>
<td></td>
<td>- Complete attached Enrollment Verification Form. Must be signed by high school counselor, guardian/parent and you!</td>
<td></td>
</tr>
<tr>
<td></td>
<td>- Attach a copy of your high school transcript to this application</td>
<td></td>
</tr>
<tr>
<td>#4</td>
<td>Complete Running Start contract. Must be signed by you and parent/guardian!</td>
<td></td>
</tr>
<tr>
<td>#5</td>
<td>Fill in your information on the bottom half of this form</td>
<td></td>
</tr>
<tr>
<td>#6</td>
<td>OPTIONAL: Complete fee waiver eligibility form if you qualify for free/reduced lunch at high school</td>
<td></td>
</tr>
<tr>
<td>#7</td>
<td>OPTIONAL: Complete attached release of information form</td>
<td></td>
</tr>
<tr>
<td>#8</td>
<td>Turn in this completed application packet to Student Success Services (map on back of this form) and set up an advising appointment</td>
<td></td>
</tr>
</tbody>
</table>

*Students needing 504 or IEP accommodations should contact the Disability Services office at ds@seattlecolleges.edu or 206-934-3697 at least four weeks prior to the start of the quarter. The Disability Services office is located on the 2nd floor of the College Center building.

STUDENT TO COMPLETE THE FOLLOWING:

<table>
<thead>
<tr>
<th>NAME:</th>
<th>NORTH SEATTLE COLLEGE STUDENT ID NUMBER:</th>
</tr>
</thead>
<tbody>
<tr>
<td>PHONE:</td>
<td>ALTERNATIVE PHONE #:</td>
</tr>
<tr>
<td>EMAIL:</td>
<td></td>
</tr>
<tr>
<td>PARENT EMAIL:</td>
<td></td>
</tr>
<tr>
<td>HIGH SCHOOL:</td>
<td>HIGH SCHOOL GRADUATION YEAR:</td>
</tr>
<tr>
<td>ELIGIBLE FOR FREE/REDUCED LUNCH:</td>
<td>DID YOUR PARENT/GUARDIAN GRADUATE FROM COLLEGE?</td>
</tr>
<tr>
<td>ADDRESS:</td>
<td>STREET</td>
</tr>
</tbody>
</table>

North Seattle College does not discriminate on the basis of race or ethnicity, color, age, national origin, religion, marital status, sex, gender, gender identity, sexual orientation, status as a veteran or disabled veteran, political affiliation or belief, citizenship/ status as a lawfully admitted immigrant or disability. 1/26/18
Running Start office is located within Student Success Services on the 2nd Floor of the College Center Building.
## Running Start College–Level Placement Options

College-level English OR math placement is required to participate in the Running Start program at North Seattle College.  
*Students needing accommodations for North Seattle College placement testing should contact the Disability Services office prior to testing.  Disability Services:  [ds@seattlecolleges.edu](mailto:ds@seattlecolleges.edu) or 206-934-3697

<table>
<thead>
<tr>
<th>Option</th>
<th>Description</th>
<th>Required Placement Score or Grade</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Wonderlic English Placement Test</strong></td>
<td>Standardized test taken at North Seattle College. The test is a timed (20 minute) computerized test and contains 50 multiple choice questions.</td>
<td><strong>English&amp; 101 Placement:</strong> Minimum score of 330 is required</td>
</tr>
<tr>
<td><strong>Accuplacer Test</strong></td>
<td>Standardized test taken at North Seattle College.</td>
<td>Provide copy of placement scores to determine English and/or math eligibility.</td>
</tr>
</tbody>
</table>
| **Smarter Balanced (SBAC)**                | Standardized test taken at the high school in 11th grade.                   | **ELA - English Language Assessment:** Level 3 or higher  
**Math Assessment:** Level 3 or higher w/ applicable grades on high school transcript                                                                                  |
| **SAT**                                     | Standardized exam taken at high school or other location.                   | **English& 101 Placement:** Combined Reading/Writing score 510 or higher  
**Math:** Minimum score 520 (Math& 107 only option based on SAT score)                                                                                               |
| **ACT**                                     | Standardized exam taken at high school or other location.                   | **English& 101 Placement:** Reading score 19 or above AND English score 19 or above  
**Math:** Minimum score 22                                                                                                                                            |
| **Unofficial Transcript from a college or university** | Student was awarded credit at a college or university for college-level English (within past 2 years) or math (within past 12 months). | Provide copy of unofficial transcript to determine English and/or math placement.                                                                                     |
| **Seattle Public Schools High School Transcript** | A student who has taken specific math courses at a Seattle Public School may be qualified to use their transcript to place into college-level math. | Provide copy of Seattle Public Schools unofficial transcript to determine math placement.                                                                            |
| **AP (Advanced Placement) or IB (International Baccalaureate) Exam Scores** | A student who has taken AP/IB exams in specific subjects. | Provide a copy of AP/IB exam scores. Scores must be evaluated by Running Start office.                                                                                    |

- Placement measures from other colleges may be accepted. Please provide a copy of placement tool from other college for evaluation by Running Start advisor.

The Seattle Colleges do not discriminate on the basis of race or ethnicity, color, age, national origin, religion, marital status, sex, gender, sexual orientation, gender identity, veteran or disabled veteran status, political affiliation or belief, citizenship/status as a lawfully admitted immigrant, or disability.

Updated: 1/17/19 CS
## Running Start & Seattle Public Schools Course Equivalencies

<table>
<thead>
<tr>
<th>Seattle Public Schools High School Graduation Requirement</th>
<th>North Seattle College Equivalency</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>English/Language Arts</strong></td>
<td></td>
</tr>
<tr>
<td>English 11A &amp; B</td>
<td>English 101-11(^{th}) or 12(^{th}) Grade</td>
</tr>
<tr>
<td>English 12A &amp; B</td>
<td>English 102</td>
</tr>
<tr>
<td></td>
<td>Any other 100-level English course (literature, creative writing, etc.)</td>
</tr>
<tr>
<td><strong>U.S. History</strong></td>
<td></td>
</tr>
<tr>
<td>11A</td>
<td>Hist&amp; 146 or 147</td>
</tr>
<tr>
<td>11B</td>
<td>Hist&amp; 147 or 148</td>
</tr>
<tr>
<td><strong>Washington State History</strong></td>
<td>Hist&amp; 214-Pacific NW History</td>
</tr>
<tr>
<td><strong>American Government</strong></td>
<td>Pols&amp; 202</td>
</tr>
<tr>
<td><strong>Occupational Education</strong></td>
<td>Accounting, Business, IT courses *Other courses may be approved by High School Counselor</td>
</tr>
<tr>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Fine Arts</strong></td>
<td>Any Art, Music or Drama classes 100-level or above</td>
</tr>
<tr>
<td><strong>Math</strong></td>
<td>Any Math class 100-level or above</td>
</tr>
<tr>
<td><strong>Science</strong></td>
<td>Any Science class 100-level or above</td>
</tr>
<tr>
<td><strong>Health &amp; Fitness</strong></td>
<td>HEA 150</td>
</tr>
<tr>
<td></td>
<td>Nutr&amp; 101 (with approval)</td>
</tr>
<tr>
<td><strong>PE</strong></td>
<td>Any PE course 100-level or above</td>
</tr>
</tbody>
</table>

8/9/17 CG
**Running Start Enrollment Verification Form**

**Student**

- **Student Name:**
  - Last Name: 
  - First Name: 
  - MI: 
- **Home Phone:** 
  - Cell Phone: 
- **Email Address:** 
  - SSID#: 
- **Responsible Parent/Guardian:**
- **College:** 
  - College SID #: 

**School Yr:** 
- **College Term:** 
  - College Quarter: 
  - College Semester: 

**High School:** 

**Grade Level:** 
- **Junior** 
- **Senior** 
- **5th Yr Senior**

---

**Running Start Enrollment Verification Form**

**School Yr:** 
- **College Term:** 
  - **College Quarter:** 
  - **College Semester:** 

**High School:** 

**Grade Level:** 
- **Junior** 
- **Senior** 
- **5th Yr Senior**

---

**Recommended Running Start Classes:**

<table>
<thead>
<tr>
<th>College Course (Dept. &amp; Number)</th>
<th># of College Credits</th>
<th>High School Equivalency</th>
<th># of HS Credits</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

**Comments:**

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**Running Start Funding Limit Table**

<table>
<thead>
<tr>
<th>Enrolled High School</th>
<th>Available College</th>
<th>Weekly Minutes *</th>
<th>FTE</th>
<th>Max Allowed FTE</th>
<th>Max Credits</th>
</tr>
</thead>
<tbody>
<tr>
<td>Fall, Winter, Spring Qtr. / 1st or 2nd sem.</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>0 - 341</td>
<td>0.00 - 0.20</td>
<td>1.00</td>
<td>15</td>
<td></td>
<td></td>
</tr>
<tr>
<td>342 - 457</td>
<td>0.21 - 0.27</td>
<td>0.93</td>
<td>14</td>
<td></td>
<td></td>
</tr>
<tr>
<td>458 - 557</td>
<td>0.28 - 0.33</td>
<td>0.87</td>
<td>13</td>
<td></td>
<td></td>
</tr>
<tr>
<td>558 - 674</td>
<td>0.34 - 0.40</td>
<td>0.80</td>
<td>12</td>
<td></td>
<td></td>
</tr>
<tr>
<td>675 - 790</td>
<td>0.41 - 0.47</td>
<td>0.73</td>
<td>11</td>
<td></td>
<td></td>
</tr>
<tr>
<td>791 - 890</td>
<td>0.48 - 0.53</td>
<td>0.67</td>
<td>10</td>
<td></td>
<td></td>
</tr>
<tr>
<td>891 - 1,007</td>
<td>0.54 - 0.60</td>
<td>0.60</td>
<td>9/10</td>
<td></td>
<td></td>
</tr>
<tr>
<td>1,008 - 1,123</td>
<td>0.61 - 0.67</td>
<td>0.53</td>
<td>8</td>
<td></td>
<td></td>
</tr>
<tr>
<td>1,124 - 1,223</td>
<td>0.68 - 0.73</td>
<td>0.47</td>
<td>7</td>
<td></td>
<td></td>
</tr>
<tr>
<td>1,224 - 1,340</td>
<td>0.74 - 0.80</td>
<td>0.40</td>
<td>6</td>
<td></td>
<td></td>
</tr>
<tr>
<td>1,341 - 1,456</td>
<td>0.81 - 0.87</td>
<td>0.33</td>
<td>5</td>
<td></td>
<td></td>
</tr>
<tr>
<td>1,457 - 1,556</td>
<td>0.88 - 0.93</td>
<td>0.27</td>
<td>4</td>
<td></td>
<td></td>
</tr>
<tr>
<td>1,557 or more</td>
<td>0.94 - 1.00</td>
<td>0.20</td>
<td>3</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

---

**I understand that:**

- The student is responsible for understanding when his or her choice of schedule will result in tuition charges. If the student enrolls for more high school and college credits than are identified in the Running Start State Funding Limit Table, the student is responsible for:
  1) paying all college tuition and fees associated with exceeding the college credits identified in the table; or
  2) withdrawing from the excess college or high school course(s).
- The student is required to pay any class/lab fees charged for college classes.
- Enrollment in specific college classes cannot be guaranteed – even if the classes are needed to fulfill high school graduation requirements.
- If the student begins Running Start in winter or spring term, eligibility for the previous term(s) that year is forfeited.
- To add/withdraw from a course, the student must complete the college Add/Drop process by the college deadline and notify the high school counselor.
- The student is responsible for ensuring that college courses completed as part of the Running Start program will meet high school graduation requirements.
- If the student plans to transfer, it is the student’s responsibility to determine college admissions policies/deadlines and whether credits will transfer.
- If student and parent’s signatures below provide permission for the high school and college to share the Running Start student’s academic records, which can include the student’s grades, billing, registration, and attendance records regardless of whether FERPA rights belong to the student or parents. See the FERPA statement on the back of this form.
- After completing the college coursework, students are responsible for requesting official college transcripts through the college’s registrar office.

I acknowledge that I have read, understand, and will comply with the conditions of Running Start participation and the expectations of college course enrollment.

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**Student Signature (REQUIRED)**

**Parent/Guardian Signature (REQUIRED)**
PURPOSE: The RSEVF ensures that a student’s monthly enrollment does not exceed the allowable combined 1.20 full-time equivalent (FTE) limitation. This form provides the college the FTE available for Running Start enrollment, provides the high school with the enrolled colleges, classes, and notifies the student and their parents/guardians if tuition charges will occur.

The RSEVF is required to be completed each college term for each student enrolling in college classes through the Running Start program, including home-based and private school students. Students attending more than one college for any college term are required to have a separate RSEVF for each college. When a student will be attending multiple colleges, the appropriate box in the upper right hand corner of the RSEVF must be checked.

If the student’s high school or college enrollment changes during the college term, a revised RSEVF must be completed and the appropriate box in the upper right hand corner of the RSEVF must be checked.

FTE AND ANNUAL AVERAGE FTE (AAFTE) LIMITATIONS: Running Start students may not be claimed for a combined high school and college enrollment that exceeds 1.20 FTE for any month except January. Neither the high school nor college enrollment can individually exceed 1.00 FTE, except for students enrolled in a high school and skill center.

When a student is enrolled in both a high school and a skill center and claimed for more than a combined 1.0 FTE, the available Running Start enrollment is limited to a 0.20 FTE. When a student’s combined high school and skill center enrollment is less than 1.0 FTE, the standard Running Start calculation applies.

This 1.20 FTE limitation applies to the annual average FTE (AAFTE), where a Running Start student may not be claimed for a combined high school and college enrollment that exceeds 1.20 AAFTE for the school year. High school and skill center AAFTE is the 10-month average of the FTE reported for the months September through June. Running Start AAFTE is the 9-month average of the FTE reported for the months October through June.

Students that exceed the 1.20 FTE or AAFTE may be charged tuition by the college for the credits in excess of this limitation.

EXCEPTIONS WHEN STUDENT’S MONTHLY FTE CAN EXCEED 1.20: For high schools on a trimester calendar, when the high school second trimester and the college fall quarter overlaps in December, a Running Start student can be claimed for more than a 1.20 FTE for the month of December only. When planning for the fall college quarter, counselors should use the first trimester to determine the available FTE for fall quarter.

For high schools on a semester calendar, when the high school first semester and the college winter quarter overlaps in January, a Running Start student can be claimed for more than a 1.20 FTE for the month of January only. When planning for the winter college quarter, counselors should use the second semester to determine the available FTE for winter quarter.

When a student who is claimed for more than a 1.20 FTE in either the month of December or January for the reasons above, the student may be subject to a reduced FTE or to paying tuition for the spring college quarter, if the 1.20 AAFTE would be exceeded. Completion of the Spring Quarter Eligibility Adjustment Form (SQEAF) will identify students at risk of exceeding the 1.20 AAFTE and will calculate the reduced available FTE for the spring quarter. For students whose spring quarter available FTE is reduced, a completed SQEAF must be attached to the spring quarter RSEVF and the appropriate box in the upper right hand corner of the RSEVF must be checked. Students attending more than one college for the spring quarter must have the SQEAF attached to each college’s RSEVF.

For more information refer to the annual bulletin regarding the 1.20 Running Start FTE limitation.

FERPA STATEMENT: The Family Educational Rights and Privacy Act of 1974 provides that FERPA rights transfer from the parent to a student who is at least 18 and/or who has enrolled in a college, even while still enrolled in high school. Students 18 and older and/or who have enrolled at a college must give permission in writing to the college in which they have enrolled in Running Start classes for another individual to speak to the college staff about their Running Start academic records, which could include grades, billing, attendance, and registration records.

INSTRUCTIONS FOR COMPLETING THE RSEVF

STUDENT SECTION: The RSEVF begins with the student completing the first section of the form. Students who are under the age of 18 at the beginning of the college term, must provide their parent/guardian information. The student’s high school student identification number (SSID) is available at the high school guidance office. If the student does not know their college student identification number (SID), refer to earlier completed RSEVF. If the student is new to the program, the college SID is available on the processed college application.

HIGH SCHOOL COUNSELOR & RUNNING START ADVISOR/REP SECTION:
The high school counselor and Running Start advisor or representative must complete this section.

School Year: Indicate the school year during which courses will be taken.

College Term: Select the college term that the student will be enrolling in. For colleges on a quarter calendar, indicate which quarter – Fall, Winter, or Spring. For colleges on a semester calendar, indicate which semester – 1st or 2nd.

High School and School District: Fill in the student’s primary high school and resident school district. If the student is enrolled in a charter school or tribal compact school, leave “School District” field blank.

Grade Level: Indicate the student’s grade level. Students in 11th and 12th grade are eligible to enroll in a Running Start program. Fifth year seniors are limited to only taking Running Start classes that will fulfill the student’s district, charter school, or tribal compact school’s graduation requirements only, pursuant to WAC 392-169-055(4) and must have participated in Running Start during their 11th or 12th grade year.

Determining the Student’s High School FTE: FTE in high school and skill center classes is calculated based on a class’s weekly enrolled minutes and eligible passing time. One thousand, six hundred and sixty five (1,665) weekly minutes equal 1.0 FTE. Refer to the high school and skill center master bell schedule available at the registrar or business administration office for the exact weekly minutes and the FTE for each class. Add the FTE for each enrolled class to determine the student’s total high school and skill center FTE.

Determining the Student’s Available Running Start FTE: Running Start FTE is based on the enrolled college credits. Fifteen college credits equal 1.0 FTE. Use the Running Start Funding Limit Table on the front page to determine a student’s available Running Start FTE. Find the row with the student’s high school and skill center FTE. Refer to the Max FTE column to determine a student’s maximum Running Start FTE. The Max Credits column converts the maximum Running Start FTE to Running Start credits.

Recommended Running Start Classes: The student, with the help of the high school counselor and Running Start advisor or representative, should fill out the requested college courses. The high school equivalency portion of the table can be completed by the student if an official high school list of equivalencies is available. Otherwise, this section is completed by the high school counselor.

Signatures of High School Counselor and Running Start Advisor or Representative: Both the high school counselor and Running Start advisor/representative should review the form for accuracy, enter their printed name, date, phone number, and signature.

STUDENT & PARENT/GUARDIAN SECTION: The student and parents should review the completed form for accuracy and understanding, then sign and date the acknowledgement at the bottom of the form. Students 18 and older are not required to provide a parent signature.

DISTRIBUTION OF RSEVF AND RECORDS RETENTION: Copies of the completed form should be retained by both the high school and college. The original form is kept by the student and their parent or guardian.
RUNNING START CONTRACT

I, _____________________________ (print), a student in the Running Start program at North Seattle College (NSC), and I, _____________________________, a parent/guardian of a student in NSC’s Running Start program, understand the following:

College processes:
- All North Seattle College courses will become part of the student’s permanent college record.
- Students must inform the NSC Running Start office if they are simultaneously enrolled in more than one college.
- Students must submit a new enrollment verification form every quarter.
- A student may participate in Running Start for a maximum of six quarters – three quarters during their junior year and three quarters during their senior year.

Confidentiality of information:
- Only students have access to their own college grades and records. Parents/Guardians may obtain a student’s record only if the student signed a release form.
- College instructors will not notify parents or high schools when a student is failing or not attending a class and cannot inform parents of a student’s academic progress.
- High school officials will not be able to inform students or parents of enrollment or progress in college courses, nor issue diplomas, until college transcripts are received by the high school.
- I understand that my transcript will be released to my high school at the end of each quarter.

Course Selection and Participation
- Classes needed to satisfy high school graduation requirements should be taken before electives and prior to a student’s final quarter.
- Students are responsible for meeting high school graduation requirements and for determining how high school and NSC courses meet two-year and four-year college requirements and requirements of specific programs. Students should meet with both their high school counselor and Running Start advisor for academic advising.
- Students are responsible for arranging their college class schedule so it does not conflict with their high school schedule.
- If a student wishes to drop a class, the student is responsible for officially withdrawing by the eighth week of the quarter. Permission from the Running Start advisor is required both to add and drop classes. If a student drops a class after the second week and before the eighth week of the quarter, a “W” grade will be issued and no credit earned on both college and high school transcript.
- Students needing reasonable accommodations provided by an IEP or 504 plan must contact the Disability Services office at North Seattle College on a quarterly basis. Disability Services may be reached by email: ds@seattlecolleges.edu or by phone: 206-934-3697.

Costs
- Students are responsible for all non-tuition costs at NSC, including textbooks and required course materials, course fees, testing fees, photo ID card, transportation, mandatory fees, tuition for credits in excess of 15 and for below-college level classes (i.e. MATH 098). Students also are responsible for paying for credits beyond a combined 1.2 FTE course load of high school and college courses.

Student Signature _____________________________ Date ____________

Parent/Guardian Signature _____________________________ Date ____________
ATTENTION RUNNING START STUDENTS

Are you eligible for the free or reduced lunch program at your high school?

If you are eligible for the free or reduced lunch program at your high school, please complete the waiver form below and obtain your high school counselor’s signature.

- To waive the placement test fee, please submit this form to Testing Center staff when you schedule your placement test.

- The completed form also will allow you a waiver for other mandatory fees (ranging from $5-$150) and to participate in the Running Start book fund (borrowing textbooks rather than purchasing them at a cost of $50-$400 per quarter).

Seattle Colleges Running Start
*TEST, FEE WAIVER, and BOOK LOAN PROGRAM FORM*

I verify (student name, please print) ______________________________ is eligible
for the free/reduced lunch program at ______________________________ High School
in the____________________________ District.

Graduation Year ______

North Seattle College Student ID# ______________________________

High School Counselor’s Signature: ______________________________

High School counselor’s Phone number: ______________________________

Counselor’s Name (Please Print): ______________________________

Date: ______________________

This form will be used at Seattle Colleges to document fee waiver eligibility for:

- Placement test fee (one-time waiver only)
- Mandatory college fees if student enrolls in the Running Start program
- Book loan program

North Seattle College does not discriminate on the basis of race or ethnicity, color, age, national origin, religion, marital status, sex, gender, gender identity, sexual orientation, status as a veteran or disabled veteran, political affiliation or belief, citizenship/ status as a lawfully admitted immigrant or disability.

Updated 1/26/18
CONSENT TO RELEASE CONFIDENTIAL INFORMATION

This form grants North Seattle College the ability to release information regarding your grades, schedule, academic progress, and financial account with those listed below. We will only be able to release information to people you list.

To: ARRC/Running Start
North Seattle College

RE: ________________________________________________
Name ________________________________________________
NSC Student ID Number

_____________________________________________________
Address

_____________________________________________________
High School

I hereby give permission for the Running Start Advisors and Admissions at North Seattle College to release information regarding my grades, schedule, account, and academic progress to the following people:

_____________________________________________________
Name ________________________________________________
Relationship

_____________________________________________________
Name ________________________________________________
Relationship

_____________________________________________________
Student Signature Date Running Start Staff Signature Date

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Updated: 1/26/18